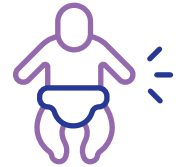
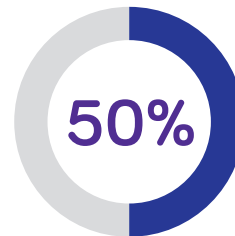


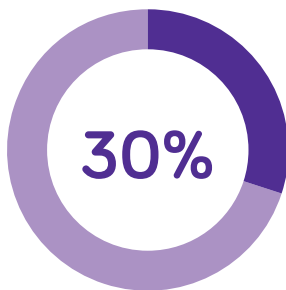
FUNCTIONAL GASTROINTESTINAL DISORDERS AND THEIR IMPACT FOR INFANTS & FAMILIES

PREVALENCE

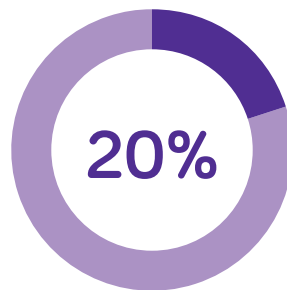
Functional gastrointestinal disorders (FGIDs) affect up to 50% of infants¹



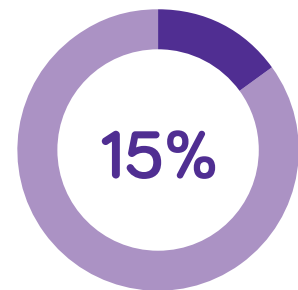
THE MOST COMMON FGIDS AMONG INFANTS UP TO 12 MONTHS OF AGE ARE:



Reflux and Regurgitation¹



Infantile Colic¹



Constipation¹

IMPACT

FGIDS HAVE A SIGNIFICANT IMPACT ON PARENTS AND INFANTS^{2,3}

IMPACT ON THE FAMILY INCLUDES:



Parental anxiety and stress⁴



Feeding problems^{5,6}



Multiple visits to the GP and pharmacist¹

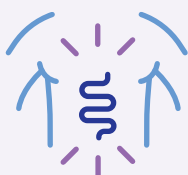


Loss of parental working days⁶



Strain on healthcare resources^{2,3,7}

LONG TERM HEALTH IMPACTS INCLUDE:



Increase in recurrent abdominal pain⁸



Increase in allergic disorders⁸



Increase in the risk of psychological disorders in childhood⁸

.... FIRST LINE MANAGEMENT OF COMMON FGIDS



>75% of Australian pharmacists have at least one conversation per week with parents about reflux and regurgitation, colic or constipation.⁹



Swift identification of the signs of FGIDs can help infants and families get the support they need.

"In treating digestive problems in infants, it is important to avoid the use of drugs and invasive procedures where possible." - Vandenplas Y et al.¹⁰

GUIDELINES EMPHASISE THE FIRST LINE MANAGEMENT OF FGIDS SHOULD INCLUDE:¹¹



Parental education



Parental reassurance



Nutritional solutions

For more information on FGIDs, visit the Nutricia website:
www.infantnutritionfirst.com.au

¹⁾ Vandenplas Y et al. JPGN. 2015; 61(5):531-37. ²⁾ Iacono G et al. Dig Liver Dis 2005; 37(6): 432-38. ³⁾ van Tilburg MA et al. J Pediatr 2015; 166: 684-89. ⁴⁾ Hyman PE et al. Gastroenterology 2006; 130: 1519-26. ⁵⁾ Miller-Loncar C et al. Arch Dis Child 2004; 89(10):908-12. ⁶⁾ Indrio F et al. Infantile colic, regurgitation, and constipation. Eur J Pediatr 2015; 174(6):841-42. ⁷⁾ Morris S et al. Arch Dis Child 2001; 84: 15-19. ⁸⁾ Savino F et al. Acta Paediatr 2005; 94(suppl. 449):129-32. ⁹⁾ Hinds et al. JPCH. 2019. doi:10.1111/jpc.14536 ¹⁰⁾ Vandenplas Y. Acta Paediatr 2016; 105:244-52. ¹¹⁾ Salvatore S et al. Acta Paediatr. 2018; 107:1512-1520.